



# CUF Links

The Monthly Newsletter of the Carbondale Unitarian Fellowship  
A Welcoming Congregation

- a member congregation of the Unitarian Universalist association -

**JULY 2010**

We are very sad to report that our friend and long time member, *Charlie Maxwell*, died Monday evening, June 28, from the stroke he suffered at the Fellowship on Sunday morning, June 27. Please continue to keep Charlie, Patsie, and their family in your thoughts and prayers. A memorial service is being planned for Saturday, July 17. Please watch for further announcements.

## SUNDAY SERVICES

held in the Fellowship Hall at 10:30 a.m.

### **7/4 "A Service of Shared Readings" – Russ Trimble & Various CUF Members**

Russ Trimble will coordinate this informal sharing of special readings that have touched our hearts and minds in ways that have made a difference in our lives. All are welcome to attend, whether they choose to bring a reading to share, or not!

### **7/11 "Rachel Carson – Pioneer Environmentalist" – Gail & Mike DeVilbiss**

Gail and Mike, members of the Mt. Vernon Unitarian Universalist Fellowship, will offer a critical reflection on the work of pioneer environmentalist Rachel Carson, and its relevance to the movement today.

### **7/18 "Tending the Garden and Growing Justice" – Bill Sasso**

What are the relationships between congregational growth and our social justice and community service efforts? How does this work change us as individuals and our relationships within our congregations? How can "walking our talk" encourage others to join us on the journey? Bill will share from his understanding of our congregation's experiences.

### **7/25 "A Poet and a Scientist" – Bill Sasso**

How did environmentalist Rachel Carson come to be a scientist and a poet? What motivated her to write her groundbreaking *Silent Spring*? Join Bill Sasso as he continues our exploration of the life and work of this pioneer in the environmental movement, examining her experiences and how they motivated her final work.

## OPEN MINDS

This presentation/discussion program meets at 8:45 a.m. each Sunday in the Commons Area. Topics "To Be Announced" in weekly bulletins this month. Contact Terry Elliott at [elliott1@wildblue.net](mailto:elliott1@wildblue.net) if you would like to lead one of these Sunday discussions, or for more information.

# THE MINISTER'S MESSAGE

## When to Call the Minister...



Every so often, someone will approach me after the Sunday service with a look of uncertainty on his or her face. After hesitating for a moment, the person will ask if he or she can meet with me. Maybe there's a question in your mind about whether you should "call the minister."

From my perspective, the answer is pretty simple: if you're wondering whether you should talk with me, it's probably a good idea to do so! There are many different situations in which the question may come up, so let me offer you a few examples!

First, I invite you to call me when you are having a tough time and you'd like to have someone with you in heart and soul. Maybe there's a difficult aspect of your life, and you would appreciate the opportunity to talk it over with someone. Perhaps you're having trouble making sense of something, or a feeling you can't quite come to peace with. Perhaps someone is in the hospital or scheduled for a medical procedure; perhaps you have lost a family member or a friend. Perhaps you have a significant career decision to make. I do want to know what is going on, so that the Fellowship and I can be with you as you face these challenges of life.

Second, I invite you to call me when something good happens and you want to celebrate! Perhaps a new child has entered your family, and you wish to schedule a dedication ceremony to introduce him or her to the entire Fellowship! Perhaps you have received a promotion, or have met someone who touches your heart in a way that means very, very much to you. In these and other times of joy, the Fellowship and I want to celebrate with you, but that can only happen when we hear your good news!

Third, call me if you have a question or an idea for our Fellowship, especially if you aren't sure where to go with it. There are still some questions that I may not know the answer to immediately, but I have been around here long enough to know where to find most of them! Feel free to call if you have a question about theology, religion, or religious history. Again, while I am not a walking encyclopedia, I am interested in learning with you. The same principle applies: I can serve the Fellowship better if I know what is on your minds!

Fourth, call me if you would like to learn about becoming a member, and you would like to share a conversation about what membership means and how it works within the Fellowship. I'm always happy to have that kind of a conversation!

Please know that you are not bothering me with your call. Each one of you – every member of the Fellowship and its larger community – is important to me! Only through dialogue can I know what is going on in your head and your heart. We are all part of the Fellowship's network of caring, but that network can only support us when we share the needs that we feel and the gifts that we possess with each other.

The best ways to reach me is to call me or email me. In an emergency, please call me at my home phone number (618-529-7808) at any time. If I am not home, or if the question is not urgent, please leave a message, and then call the Fellowship office (618-529-2439). Again, if I'm not there, please leave another voicemail message. You can also email me at [bsasso@juno.com](mailto:bsasso@juno.com).

In the meantime, whether you call or not, I hope you enjoy the beauty of summer!

Yours in the spirit,

Bill Sasso

# FROM THE RELIGIOUS EDUCATION DIRECTOR



“Have you found joy in life?” “Has your life brought joy to others?”

I don't remember where I saw these two questions written, but I've been carrying them around in my wallet for a while intending to make use of them. You

might be like me; you see something that makes you pause a second, so you jot it down thinking you'll expand on the inspiration later. I like the little inspirational passages that I come across every now and then, the kind that makes you ponder deep questions, or that highlight how so much of life is attitude.

If you're trying to decide if you've found joy in life or not, or how much, or if you've brought enough (or any) joy to others, maybe I can help a little.

**The week of August 02-06, from 9AM-noon, the RE program is offering a wonderful program.**

We call it SWAP (summer weeklong awesome program), and this year's theme is Time Travel. We will be learning about the Mayan's, Early Settlers, Medieval times, China, and the Future. Now, here's the cool part, you can use the SWAP

program to, yep, drum-roll please.....Find joy in life, AND, bring joy to others.

Seriously, if you decide to spend one (or more) of those days with our above-average children, you'll experience personal joy, and you'll bring joy to others (for sure, me!). You don't have to prepare, just tell Rose Moroz, Kathleen Ensor, Jodi Ruffner, Kathy O'Laughlin, or me, that you'd like more joy. And we truly do need the help. The program is designed for kindergarten through 5<sup>th</sup> grade, with younger children welcome if they keep a parent with them. If you have a child in this range, please consider having them join us for a day or the week, and also plan for yourself to spend a day with us.

To be clear, you do not have to have a child in the program to join us. In fact we find our experience is much richer when those currently without children in the RE program decide to participate. Mark you calendar. Come spend one or more mornings, and help spread the joy.

Join us when you can,

Roy Sumner

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## PRESIDENT'S COLUMN



As I write this first article, I find it important to let you know what is being done and what is being planned. A lot of things have to happen as we transition from one fiscal year to another and a new slate of officers prepares to get to work.

The first of July, Lois Stewart, Incoming Treasurer and I will be introduced to our Financial Advisor by Ed Phillips, Outgoing Treasurer and get an update on payroll information. We will then travel to our

various banks to sign new signature cards so checks can be written and the safe deposit box can be accessed. All of this will be followed by a courtesy meeting with the bank VP, who has been the contact regarding the mortgage.

I have met with Bill Sasso to discuss the coming year and our working relationship. It is going to be a busy year for both of us.

Miriam Link-Mullison, Vice President and I will be getting together to plan the agenda for the board meeting in July, as well as, talking about prioritizing business for this year. As usual, the

first board meeting for this fiscal year, will be July 8, at 7:00 pm, the second Thursday of the month.

On Saturday, July 17, I am hosting a BOT retreat at my home from 1:00 to 4:00 pm. More than half of the board members are new or fairly new to the Board of Trustees. I hope this retreat will give us an opportunity to get to know each other, familiarize ourselves with the function of the

board, some of the policies and procedures and the work we need to accomplish this year.

I am committed to doing my best as a board leader, believe strongly in our promise of service and look forward to working with all of you in the coming year.

Cathy Kline, President

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## RETURNING FROM ZAMBIA

By Deb Czarnopys-White

After long anticipation, Allida Plumer and I set off for Ranchhod Hospice and Daycare Centers in Kabwe, Zambia on May 14. Taking South African Airlines again, the flight was well tended, though still long. As calculated, it takes about 36 hours travel time. Our suitcases were packed with over-the-counter (OTC) medicines for adults and children as well as some nightgowns for the women and whatever else we could cram into our suitcases and still meet the weight limit.

Upon arrival at Ranchhod, it was like coming home again. The staff and volunteers were there to greet us and tell us repeatedly that “we were welcome”, which we couldn’t hear too often. After we interrupted the work schedule enough to cause mild chaos, work resumed. Felix went back to sweeping the yard and garden area, then watering it carefully. Later Felix could be found cutting the grass with a strip of leather, whipping it back and forth as he bent over. And I think of complaining turning on our lawn mower...

Annie, a kitchen helper and general person in charge of same, was busy in the kitchen beginning to prepare for breakfast for the patients. The cook/chef was away our first week and Annie was very clearly the person to reckon with in the kitchen, very capable and always smiling. Towela, the house-cleaning chief, greeted us warmly and could be seen and heard often throughout our stay directing helpers around the hospice. She takes her responsibility very seriously, as do all staff and volunteers there.

We turned over the contents of our suitcases to the staff, Gabriel and the nurses, for their use and distribution, letting them know that we were only the messengers and that many people contributed to what we had brought. We visited the patients and children at the daycare centers but on a low-key note. We were only there for a two-week period and wanted to observe and show our concern but not to disrupt the daily, very effective, routine.

Outreach visits to rural village areas resumed the Friday of our first week to Kafulamase. They had been on hiatus because of the rainy season, which was officially declared OVER. Two more followed, one the following Wednesday at Kongombe and the third our last Friday at Mulungushi West. The hospice tries to alternate locations from east to west to cover their expanded territory. On my first trip, there were three outreach locations, the second trip there were ten, and now 14. I hope this helps relay the importance that bringing our OTC meds conveys. We used much of the adult and children vitamins just during the short time we were there, pointing out the importance of this continuing on a regular basis instead of just when we travel there. Being a non-medical person, I found my niche in filling the little plastic envelopes of meds for outreach - 14 vitamins, three of this med, 18 of that. It wasn’t rocket science but something that helped expedite the people coming for medical diagnosis in the villages.

The grandmother groups or Busy Bees have now expanded to three and we will do our best to support all of them. The first remains at Ranchhod Hospice, the second is at Chililalila, and the third is at Kongombe. They could use good condition yarn, thread, needles and scissors for their handicrafts which help support their families and community. I can start including

these in the boxes with the nightgowns which will continue to be sent.

Upon reflection, it is very important that our fundraising efforts continue and that the funds don't remain in our account but continue to be sent to be put to use to further the work of Ranchhod Hospice. The trip has renewed my enthusiasm and I hope it's contagious!



## RED RIBBON CONGREGATION NEWS

### UPDATE ON OUR PARTNERSHIP WITH RANCHHOD AIDS HOSPICE AND ORPHAN CARE IN KABWE, ZAMBIA

- Successful concert and silent auction in February...\$6000.00 sent to Zambia for food and medication for patients and children. Also, beautiful pieces of artwork were donated to the auction by members and friends of the fellowship.
- \$500 grant received from the UUWomen's Connection in Illinois towards the emma's revolution concert.
- Over 100 boxes of donations are on their way to Zambia.
- As a part of the Alternative Gift Fair in December, we received several donations and sold items made by "The Busy Bees", an income-generating group of HIV/AIDS affected women at Ranchhod Hospice.
- Many nightgowns have been sewn by fellowship members at the home of Kate Heist.....they are being personally delivered by Debbie Czarnopys-White.
- Debbie White has received dolls for Zambia that were made by women who read about the project on-line!
- Money continues to arrive monthly from our "friend", Gene Alexander, from Benton
- Bills and change adding up in container at the fellowship.
- Silkworm and emma's revolution donated approximately 200 T-shirts.
- Debbie Czarnopys-White and hospice nurse, Allida Plumer, went to Zambia in May....once again giving and receiving love and compassion between our partners and us.
- Our annual social action rummage sale held in June made over \$2700, with half of the proceeds going to our HIV/AIDS Partnership.
- Rev. Bill Sasso co-led the AIDS Candlelight Memorial Service on May 16<sup>th</sup> at The Church of The Good Shepherd.

In addition, Carla Feldhamer and her sister, Mimi Gingold, are planning to visit our partner at the end of September. We are awaiting news about a grant that we applied for through UUWF regarding literacy. Carla will keep you posted. If we receive the grant, the plan is to set up a library/literacy center at one of the

orphan care programs and train volunteers. If you hear a loud scream coming from Wedgewood Lane....you will know the outcome. Carla only screams when she is happy!

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## **AND SPEAKING OF OUR ZAMBIAN HOSPICE PARTNERSHIP...Coming Up:**

Dear Members of the Carbondale Unitarian Fellowship and friends,  
A portion of the proceeds from the Fall Runway shows by P.Rath Couture will be donated to  
**The Zambian HIV/AIDS Partnership.**

The Fall Shows are scheduled for Saturday, Oct. 2 and Sunday, October 3, in the studio-runway space, 2213 Division Street in Murphysboro. If you are interested, please see the web site P.Rath Couture or prath.net or become a fan on Facebook. To receive an invitation, email your name and address to [patti.rath@gmail.com](mailto:patti.rath@gmail.com), or telephone P. Rath Couture at 618-203-4574.

"We will consider it a privilege to donate to the Zambian Hospice effort, and we look forward to seeing you at one of our shows... with an even greater goal than Fashion in our hearts and minds." Thank you...

- Patricia Prevedell Rath

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## **FELLOWSHIP ARTIST SERIES**

Last fall and winter, the Program Committee surveyed the congregation to find out areas of interest. We found that many of the returned surveys showed an interest in workshops, displays, and presentations by local artists. Several people volunteered their talents or their homes for tours. After several months, the Fellowship Artist Series has begun.

We will be highlighting a local artist, most of whom attend or belong to the Fellowship, every fourth Wednesday of the month. It is generally held in the Fellowship Commons, from 6:30/7:00 to 8:30. Light refreshments will be served. The artist/s will decide the format for the evening. It is amazing the variety of talents we already have been able to showcase! Thus far, we have had a glass blower, a fiber artist; we toured the home of a collector of folk art from the southern and southwestern U.S. as well as folk art from the Inuit peoples of Eastern Canada, and most recently our featured artist displayed many acrylic paintings, and in July we will have a drawing and painting workshop (see full article below). In August, we will have a guest artist, in September, a potter, and in October, a duo will perform many instruments. We would like to feature a full range of artists, both visual and aural; dramatizations, dance, photography, architecture, gardens; we are open to many venues.

If you know someone or are someone who would like to participate in this series, please contact any member of the Program Committee: Jo Ann Nelson, Nillofur Zobairi, Inge Rader, Karen Gallegly, Pam Jacobini or Janet Harris.

### **THE JUNE FEATURE ARTIST – NILA TANNER**

On the evening of June 23, at the Carbondale Unitarian Fellowship, artist Nila Tanner presented a "gallery tour" of her work. Originally from Pinckneyville, Illinois, Nila lived in Key West for some years, but Southern Illinois is home. The work that Nila displayed included scenes from her life and landscapes she knows, mainly depicted in acrylic paint on canvas. In a somewhat impressionist style, she portrayed her near surroundings at Pleasant Hill Trailer Park: people, families and pets, trees, buildings, as well as changes

caused by the storm a year ago. Another cluster of work showed her animals: dogs with distinct facial expressions and body language, and a self portrait of Nila herself draped with a multitude of cats. There were many images of large flowers in bright colors, often tinged in purple, reflecting Nila's passion for color and shape. "Winter" landscapes of fields and ponds and hills just beyond the trailer park were subtle in color. Exotic-looking waters and plant life reflected her years in Key West. There was a sculpture of an elegant sculptured head that Nila created in a Florida art class, where she also studied painting with several artists.

Her collage of "found objects" or "things of nature" is a study of form as well as zoology, inviting one to look closely at the arrangement of weathered pelvic bones of three mammals, including perhaps a mother and unborn calf. Her totem pole sculptures are created from recycled furniture parts whose shape may remind her of, say, a monkey tail. With four such "tails" and intertwining shapes and expressive strokes of paint, she produces a fanciful tree of happy monkeys. Nila described her passion for gardening as artistic expression in the succession of her garden colors changing through the seasons.

Nila's work shows her vivid interest in all of the "nature" around her, including human nature, with imagination, humor and compassion. Thank you, Nila!



### THE JULY CUF ARTIST – LOIS LEMBCKE

The next CUF Artist Series program will feature CUF member Lois Lembcke, in an exhibition of some of her art and crafts. In addition, she will conduct an experiential art workshop designed to awaken, unlock and stimulate the creativity spark that often lies dormant in everyone. Lois was a public school art teacher, who has the expertise to do this in a manner that will leave participants wanting to join in, rather than "watch and wish" like many of us have done. As a teacher, she wanted her students to have fun, and to experience a sense of joy, as they learned new techniques and learned to create their own art in a wide variety of mediums. We are indeed fortunate to have Lois, who studied at the prestigious Chicago Art Institute. A list of material will be provided by July 15 for those who plan to participate. All are welcome. It will be fun!

**And coming up: CUF Artist Series August 25, 7:00 PM. R. Michael Fisher; more information later.**

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## JULY SPECIAL PROGRAMS

Want to Learn More about our **Unitarian Universalist Heritage**? Join Bill Sasso on Tuesday, July 20th, and/or Tuesday, July 27th, to watch an engaging video and enter a stimulating conversation about our Unitarian and Universalist heritages and how they have joined. Attend one or both evenings. The show starts at 7:30 p.m. each night!

Special Presentation: On Thursday evening, July 29th, at 7:30 pm, Jean Cunningham, Ph.D., Chief Psychologist, SIU Counseling Center, will discuss **"Depression: Forms, Responses, and Resources"**.

This program is open to the interested public, and will take place at the Carbondale Unitarian Fellowship, 105 N. Parrish Lane, in Carbondale. For more information, please call 618-529-2439.

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## CUF REGULAR PROGRAMS & MEETINGS

**WOMEN'S GATHERING** The July Women's Gathering meets on Wed., July 7, at 7:00 p.m. at CUF. Contact Cathy Kline at [klinejc@earthlink.net](mailto:klinejc@earthlink.net) for more information.

**SISTERHOOD OF STITCHERS** *This group meets weekly on Wednesdays at 11:00 a.m., in the Commons area.* All are welcome, from persons learning knitting or stitching crafts to those well practiced and knowledgeable. Come to work on your projects, learn from others, share your ideas, and enjoy the camaraderie! For more info, contact Pam Jacobini at [PJacobini@siumed.edu](mailto:PJacobini@siumed.edu) or Gloria Smiley at [smileyspins@yahoo.com](mailto:smileyspins@yahoo.com).

**MINDFULNESS MEDITATION** *This group meets every Saturday in the Fellowship Commons from 1:00 to 2:30 p.m.* If there are other activities scheduled in the Commons, we meet in the RE area. For more information, contact Joy Price at 457-2405 or [joyfully2356@yahoo.com](mailto:joyfully2356@yahoo.com).

**BUDDHISM STUDY & PRACTICE GROUP** *This group meets on the first and third Sundays in the Fellowship Commons at 7:30 PM.* **Meets this month on July 4 and July 18.** Meditation, chanting, study, and discussion in a free flowing format. Everyone welcome. For more info, visit [www.shawnee-dharma.org](http://www.shawnee-dharma.org) or contact Judy Carter at 529-3110.

**DREAMWORKS** *This group meets the first Sunday of each month in 06 (RE wing) at 12:00.*

**Will not be meeting in July; will resume in August.** Using Jeremy Taylor's technique, we share and discuss our dreams in a respectful, safe, and comfortable environment. For more information, contact Nilofur at [cadfael07@yahoo.com](mailto:cadfael07@yahoo.com) or Janet at [jea49@Care2.com](mailto:jea49@Care2.com).

**PSI SYMPOSIUM** *This group meets the second Sunday of the Month in Room 06 at Noon.* **Meets next on on July 18.** We start at noon with light refreshments. Please bring a dish to share. For more info, contact Mary Campbell at 521-0851 or [mspurple1999@yahoo.com](mailto:mspurple1999@yahoo.com).

**ROUNDTABLE READERS** *This group meets on the fourth Sunday of the month after the Sunday Service at Noon.* **Meets this month on July 25,** to discuss the novel Siddhartha, Nobel Prize winner Hermann Hesse's most famous work. It is the tale of a spiritual quest. We will also consider what books to read this coming year. All are welcome! Please address questions or suggestions to Janet Levie at [jmlevie@verizon](mailto:jmlevie@verizon).

**SCIENCE IN SOCIETY** *This group meets some Fridays of the Month in the Fellowship Commons at 5:00 PM.* Contact Gina Paul at 351-1064 or [rpaul@siumed.edu](mailto:rpaul@siumed.edu) if you have questions.

**VIDEO CIRCLE** *This group meets on the third Friday of each month in the Fellowship Commons at 7:15 PM.* **Meets next on July 16.** Movie selection to be announced. Free popcorn! Contact person is Amy Weber at [amyweber1@msn.com](mailto:amyweber1@msn.com).

**UNITARIAN FOLK ORCHESTRA** practices at 10:00 a.m. Saturdays, at the Fellowship. For info contact Bill Sasso at [bsasso@juno.com](mailto:bsasso@juno.com).

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Sad News about a former member: We have learned from his daughter that Morton Kenner, a founder of this fellowship, recently died. He and his wife, Jean, were active members of the Fellowship until the late 60's when they moved to Missouri.

### **New Fiscal Year Officers/Board Members**

**President: Cathy Kline**

**Vice President: Miriam-Link Mullison**

**Treasurer: Lois Stewart**

**Secretary: Phil Beck**

**Trustee: Janet Harris**

**Trustee: Karen Gallegly**

**Trustee: Christian Moe**

**Trustee: Kris Juul**

**Trustee: Samir Aouadi**

### **Group/Program/Committee Leaders**

**AIDS/Africa Partnership: Carla Feldhamer**

**Building and Grounds Committee: Tom Robinson (bldg) & Al Babbitt (Grounds)**

**Bulletin Board: Lois Lembcke**

**Campus Unitarian Universalists: open**

**Caring and Sharing: Cheryl Robinson**

**Carol's Lunch Bunch (women's lunch group): Mariann Douglass**

**Chalice Lighters (Fundraisers): Bill Sasso**

**Chalice Lighters (Sundays): Roy Sumner**

**Choir: Geri McKee**

**Committee on Ministry: Natalie Trimble, Joe Schmit and Matt Sronkoski**

**CUF Links (monthly newsletter): Cheryl Robinson, Editor**

**Denominational Affairs: Bill Sasso**

**DreamWorks: Janet Harris**

**Endowment Committee: Jerry Molumby**

**Fellowship Connections: Melanie Bray (under formation)**

**Finance Committee: Ed Phillips**

**Green Sanctuary: Deb Czarnopys-White & open co-chair**

**Greeters & Coffee Hosts: Joyce Webb**

**Health Ministry/Congregational Nurse: Vennie Anderson, RN**

**Hospitality Committee: Janet Harris & Patsy Maxwell**

**Humanist Group and Roundtable: Bob Camp & Dave Christensen**

**Interfaith Council: Ken and Kathy Starbuck**

**Intergenerational Potluck: Roy Sumner**

**International Student Coffee Hour: JoAnn Nelson & Nillofur Zobairi**

**Library Committee: Janet Levie (under formation)**

**Mailing List Manager: Melanie Bray**

**Membership Committee: Judy Aydt & Deb Czarnopys-White**

**Men's Retreat: Bill Rose & Charles Ruffner**

**Music Committee: Alan Christensen**

**Nominating Committee: Bill Rose, Jan Eisenhard, Vennie Anderson, Kim Asner-Self, Rob Gallegly**

**Open Minds: Terry Elliott**

**Order of Service: Russ Trimble**

**Outreach & Visibility Committee: (under formation)**

**Pastoral Care: Bill Sasso, Coordinator**

**Personnel Committee: Miriam Link-Mullison**

**Press Release Coordinator: Melanie Bray**

**Prison Ministries: Lois Hayward & Karen Swenson**

**Program Committee: Janet Harris**

**PSI Symposium: Astrid Mosley & Mary Campbell**

**Religious Education Committee: Jodi Ruffner**

**Round Table Readers: Janet Levie**

**Sisterhood of Stitchers: Pam Jacobini**

**Social Action Committee: Bob White & open co-chair**

**Stewardship Committee: Jerry Molumby**

**Sunday Services Committee: Darren Sherkat**

Supper Club: Janet Banerjee  
Buddhism Study & Practice Group: Judy Carter  
Unitarian Recorder Ensemble: Judy Ayt  
Unitarian Universalist Service Committee: Amy Weber  
Unitarian Universalist United Nations Office: Dave Christensen  
Unitarian Folk Orchestra: open  
Video Circle: Amy Weber & Bob White  
Website Committee: Yolán Presley (under formation)  
Welcoming Congregation: Jean Bernstein  
Women's Retreat: Pam Jacobini

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## **Dispatch from Arabia**

By Joe Robbie

Joe is on vacation this month from his job in Saudi Arabia. He is doing some well-deserved R & R, so we do not have his column to enjoy this month. Enjoy your break time, Joe!

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**CUF LINKS HARD COPIES** are available at the Fellowship on the visitor table.

**Deadline for August CUF Links: Tuesday, July 27.**

Thanks in advance for honoring this deadline!

Send your articles to Cheryl Robinson at [cherrob1@msn.com](mailto:cherrob1@msn.com) or to Melanie Bray at [cufvolunteers@verizon.net](mailto:cufvolunteers@verizon.net) **on or before Tuesday, July 27.**

– Cheryl Robinson, Editor

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618-529-2439 [www.cuuf.net](http://www.cuuf.net), [carbandleuu@verizon.net](mailto:carbandleuu@verizon.net)  
The Rev. William Sasso, Minister

An inspirational thought:

*“Religion is not something separate and apart from ordinary life.  
It is life – life of every kind viewed from the standpoint of meaning and purpose:  
life lived in the fuller awareness  
of its human quality and spiritual significance.”*

– A. Powell Davies