



CUF Links

The Monthly Newsletter of the Carbondale Unitarian Fellowship
A Welcoming Congregation

- a member congregation of the Unitarian Universalist association -

October, 2010

SUNDAY SERVICES

held in the Fellowship Hall at 10:30 a.m.

10/3 Deb Czarnopys-White: "Global Diversity Awareness"

Deb will share from her personal experiences in order to address the similarities and differences that she has encountered in international activities in which she has participated. Bill Sasso will coordinate this service.

10/10 Bill Sasso: "Render Unto Caesar . . ."

With controversy about a mosque at ground zero, the ten commandments in Marion, and state funding for the Bald Knob Cross, it's time to reexamine what Jesus and other notable religious thinkers have had to say about the separation of church and state. Feel free to wear your work clothes, because following the service, we will undertake a service project as part of our Green Sanctuary Initiative. Watch for more info!

10/17 Paul Kent Oakley: "Association Sunday"

Half a century ago, the Unitarian Universalist Association of Congregations was formed by the consolidation of two liberal denominations: the American Unitarian Association and the Universalist Church in America. Though our two parent denominations had cooperated with each other for decades, they needed more than cooperation to adapt to the challenges of their future. We are their future: proudly independent congregations, but still needing each other to face the challenges of our future. On Association Sunday, we honor the bonds of fellowship and service that hold us together despite many differences and will take a special collection in support of the Association that serves our movement. Bill Sasso will coordinate this service.

10/24 Kemal Akkaya: "Creating Peace: an Islamic Perspective"

We continue our exploration of "Creating Peace" as we welcome our friend Kemal Akkaya, who will share his personal insights concerning the ways in which Islam can support the creation of peace, and the ways in which it may counter that creation. Bill Sasso will coordinate this service, and our children will be with us for the first part of the service.

10/31 Ken Starbuck: "Looking For Moby Dick"

Ken will trace his own ancestry through the "Rachael and Obadiah" children's books by Brinton Turkle, and the relation of those stories to Moby Dick. Through the novel itself he will uncover the deep existential and ethical dilemma experienced by the sailors on the Pequod, and through Paul Tillich's theology he will explore the religious dilemma of the 21st century.

And coming up . . .

11/7 - Bill Sasso will explore "The Promise of the Future" in terms of the events of the recent past!

OPEN MINDS

This presentation/discussion program meets at 8:45 a.m. each Sunday in the Commons Area. Topics "To Be Announced" in weekly bulletins. Contact Terry Elliot at elliott1@wildblue.net if you would like to lead one of these Sunday discussions, or for more information.

THE MINISTER'S MESSAGE

Leading at the Edges



We are blessed to have many leaders within our Fellowship, people who are willing to take responsibility to help things happen. Some of our leaders hold specific positions, serving on the Board of Trustees, or as the chair of a Fellowship committee, or as

the facilitator of a group. Others lead informally by example, saying yes to invitations to serve, encouraging others to do so, and helping the Fellowship move forward in quiet but significant ways. All of these leaders are significant in the work of the Fellowship!

Leaders look for opportunities, for the edges where our congregation can grow, in the very broadest sense of the word grow. Growth includes the number of members we have, but it also includes the impact we have on the lives of our members, and the impact we have on our region and community. Leaders take the initiative, to invite a friend to visit the Fellowship, to propose an idea for a new program, and to help out when they see that help might be appreciated. Howard Thurman, a leading 20th century Christian minister and mystic, wrote of the growing edges in these terms:

*Look well to the growing edge.
All around us worlds are dying and new worlds are being born; all around us life is dying and life is being born.*

The fruit ripens on the tree; the roots are silently at work in the darkness of the earth against a time when there shall be new leaves, fresh blossoms, green fruit.

Such is the growing edge!

It is the extra breath from the exhausted lung, the one more thing to try when all else has failed, the upward reach of life when weariness closes in upon all endeavor.

This is the basis of hope in moments of despair, the incentive to carry on when times are out of joint and [humans] have lost their reason, the source of confidence when worlds crash and dreams whiten into ash.

The birth of the child – life's most dramatic answer to death – this is the growing edge incarnate.

Look well to the growing edge!

Part of the leader's task, within this Fellowship or in any organization or group, is discerning the growing edges, and nurturing their growth in ways that serve the entire organization. The growing edges are sometimes hard to discern. In Thurman's imagery, they may be the roots silently working through the winter in the darkness of the earth.

Each of us is capable of both leading and following. No one should have to carry the burdens of leadership all the time; even our most dedicated leaders need a break from time to time. And on the other hand, the experience of leadership, whether formal or informal, gives each one of us a chance to contribute, and helps us better appreciate the work of our other leaders.

Please express your thanks to those you consider leaders within our Fellowship! A great way to do so is to become a leader yourself!

Yours at the growing edge, Bill Sasso

FROM THE RELIGIOUS EDUCATION DIRECTOR



By now many of you may know that tomorrow morning (Sept 10) I am leaving for Argentina! Wow, so this is what it feels like to be a kid again! So, considering how I'm feeling, I thought I could write what I have forgotten about being a kid.

Being a kid, everything is new and exciting, and maybe scary at the same time. What a wonderful mix of emotions, but sometimes these strong conflicting emotions can wear-out a parent. Up, down, you remember the routine? But that's what being a kid is all about, true expressions of emotions. Exhausting, but oh so exhilarating!

I have never been out of the country. And now I'm going to a place where it will be the beginning of spring, just while we're entering fall. Few will speak my language, and I will for the first time be the minority. Wow, so that might be how a child feels the first time they visit us in CUF R.E. Maybe they don't know anybody in the class, even the teacher. Maybe their response will be to withdraw, to make themselves real small, so no one will notice them. Maybe they will explode with all that bottled-up anxiety, and say and do things that they

don't normally do or say. Will our first impressions be accurate? Will we even notice them? Will we make an extra effort to engage them, and get them to talk about themselves? Probably hard to say how we'll respond.

And emotions can do funny things to the brain. My doctor was giving me a prescription for the flight (ask me sometime how I feel about flying LOL!), and he asked me my age. Ha, I couldn't remember!! I'll try to keep that in mind the next time I ask a child something, and I get a truly head-scratching answer. I think I will cut them a lot more slack from now on. Because remember, children are often experiencing things for the very first time, even if it's old hat to us, and we don't see what the big deal is.

Well, I have to run. I'm still not totally packed, and I have one last meeting to go to. Until I see you again, maybe you can give some thought to what you have forgotten about being a child. And maybe, if you're lucky like me, you can do something that will bring all those long forgotten feelings back.

Be fair, be nice, hold hands crossing the street, and be gentle with animals....

Sincerely, Roy Sumner

CARBONDALE UNITARIAN FELLOWSHIP POLICY ON POLITICAL ACTIVITY AT THE FELLOWSHIP

The Carbondale Unitarian Fellowship both respects the separation of church and state, and affirms and promotes the right of conscience and use of the democratic process within our larger society. Especially during an election season, these two commitments can sometimes seem at odds with one another. To help everyone understand what types of activity are and are not appropriate, the Board of Trustees has adopted this "Policy on Political Activity at the Fellowship."

The Board actively encourages non-partisan programs and events that support informed participation in the democratic process. Such activities include voter registration, “Get out the Vote” drives, encouragement to vote in the Fellowship's various communication channels, advocacy on specific issues, and other non-partisan voter education efforts.

The Board regards the following activities as partisan and therefore not appropriate:

Political Fundraising: No fundraising for a political party or candidate will be allowed within the Fellowship property.

Political Endorsements: Neither the Fellowship nor its lay or professional leadership will endorse an announced or potential candidate for office, or a political party or movement.^[1]

Political Donations: The Fellowship will not make donations or loans to political campaigns, parties, or specific candidates. The resources of the Fellowship will not be used on behalf of a political campaign or candidate.

Political Advertising or Signage: Signs or other advertising for candidates or political parties will not be posted on the Fellowship property. No Fellowship communication - the Order of Service, Bulletin, CUF Links, or any other Fellowship publication - will include advertising for or endorsement of a political party or a candidate for office. .

Targeted Voter Registration or Election Support Activities: Any voter registration drive or “Get out the Vote” effort undertaken by the Fellowship or groups within it should address the entire community/region, rather than any specific group within the community. For instance, a voter registration drive may not restrict itself to people of a particular party affiliation, age, socioeconomic status, etc.

Political Labor: The Fellowship will not organize groups to work for any political campaign or candidate.

Distribution of Partisan Political Materials: There will be no distribution of partisan political materials on the Fellowship property.

Anyone considering circulating a petition at the Fellowship should consult with the Minister, the President, or the Vice-President before doing so to ensure that the petition is in accordance with this policy.

^[1] As private individuals, leaders of the Fellowship may endorse candidates, parties, or movements in the other contexts of their lives. However that endorsement may not be made in the name of the Carbondale Unitarian Fellowship or in a letter to the editor signed (for example) as “Minister, Carbondale Unitarian Fellowship.”

ZAMBIAN HOSPICE PARTNERSHIP

Carla Feldhamer and her sister, Mimi Gingold, will be visiting Ranchhod Hospice and Orphan Care in Kabwe, Zambia from September 18th-October 6th. Thank you for all of the donations and good wishes. A complete report will appear in the November CUF Links. They will be training and working with our partners in setting up and utilizing the LLC (Library Literacy Center) which was provided for in grant money received

from the UU Women's Federation. Please notify Carla Feldhamer or Debbie Czarnopys-White if you have any ideas for future fundraisers for the partnership. With love and gratitude, Carla

COMMUNITY EVENT TO HELP OUR ZAMBIAN HOSPICE PARTNERSHIP

Dear Members and friends of the Carbondale Unitarian Fellowship and friends,

A portion of the proceeds from the Fall Runway shows by P.Rath Couture will be donated to the Zambian Hospice Partnership. The Fall Shows are scheduled for Saturday, Oct. 2 and Sunday, October 3, in the studio-runway space, 2213 Division Street in Murphysboro. If you are interested, please see the web site P.Rath Couture or prath.net or become a fan on Facebook. To receive an invitation, email your name and address to patti.rath@gmail.com, or telephone P. Rath Couture at 618-203-4574. We will consider it a privilege to donate to the Zambian Hospice effort, and we look forward to seeing you at one of our shows...with an even greater goal than Fashion in our hearts and minds." Thank you... - Patricia Prevedell Rath

FELLOWSHIP ARTIST SERIES

If you know someone or are someone who would like to participate in this series, please contact any member of the Program Committee: Jo Ann Nelson, Nillofur Zobairi, Inge Rader, Karen Gallegly, Pam Jacobini or Janet Harris.

Our Fellowship member Christine Bauer will close this first season of the CUF Artist Series on Wednesday, October 27, at 7:00PM She will present us with a gift of her music, which has been described by a local journalist: "With a voice as powerful as the winds that blow across the plains of her native Canada and an arsenal of varied and infectious guitar styles, Bauer, with her self penned blend of folk rock, jazz and blues, has been charming audiences across Southern Illinois." - Jeff Hale, NIGHTLIFE (Jul 02, 2009)

Christine has performed on WDKX, the Square, local wineries and at many other locations. Christine delivers a power-full performance. Her Audiences are mesmerized by her deep and passionate voice, emotional lyrics, and subtle guitar work. Her very unique sound is a blend of many genres, and her original songs are heartfelt and very real. Christine drives her songs with mood setting percussive sounds she produces on her guitars, embellished with harmonica. The resulting sound is extremely full and her intense delivery enralls audiences of all ages.

Christine was born in England, and moved to Canada as a young adolescent. She lived in numerous places, including Winnipeg and Montreal, before settling down in an isolated community in the wilderness of northern Ontario. By 14 years of age, she was playing guitar and writing her own songs. At age 18, she won a provincial singer/songwriting contest. By her mid-twenties, Bauer had developed her distinctive, throaty voice, and began touring the fairs and festivals of Manitoba, Ontario and northern Minnesota. In 1997, she received critical acclaim for an all-original CD, which received national airplay on radio stations across Canada. "The Last Ore Train" was recorded live for the sound track of People Patterns, a television documentary series. After a twelve year hiatus, Christine rekindled her passion of music in the winter of 2009 in Carbondale.

On May 8 of 2009, an "inland hurricane", or derecho, with winds exceeding one hundred miles per hour, devastated the small city of Carbondale where Christine now resides. Searching for a way to explore and share the shock, pain and sorrow the disaster wrought to friends and to an area which she loves, Christine created with heart, mind, and spirit in a new burst of freeing passion. She says, "There is always a part of me in every song I write. Sometimes a little, sometimes a lot, but there is always a part of me in every song I

write.” Out of the ruins of the storm, she created “The Devil's Hurricane”. “What I Do”, is a personal tribute to love, that everyone can relate to on some level. “Hermit of White Otter Lake”, is about the legendary “Jimmy McQuat”, who built a castle of logs in the wilderness of Northern Ontario for the woman he loved. “The Last Ore Train” transports the listener to Atikokan, a northern Canadian town, and that final day of mine closures and the sense of hopelessness and fear that ensued. Each song is written in a style that melds folk, jazz, rock and blues.

The CUF friends and family will have this opportunity to hear Christine's songs, stories and learn about her transcendent, transformational journey in this free concert. This will be an interactive event, with a sing-along and a "whooping, rollicking" good time. Come join us for a great evening of song with a special human being who is a great artist, poet, instrumentalist, and crowd pleasing performer. Visit her website, www.reverbnation.com/christinebauer to hear more great music. Come early and bring your friends. This is our final event of the CUF Artist's Series. Refreshments will be provided following Christine's presentation and conversation with the audience. For additional information, contact Janet Harris at jelizah1948@yahoo.com, or terrinina@gmail.com.

UU WOMEN'S CONNECTION BOARD JOURNEYS TO “THE MOUNTAIN”

Over the recent Labor Day Weekend, Sep. 3-7, Cathy Kline and I traveled with other Board members to “The Mountain” in Highlands, NC. The Mountain is an ecologically conscious retreat center that has been inspiring people of all ages for more than 30 years with enriching programs, a caring environment and amazing beauty. At 4,200 feet, the views span far and wide across the Blue Ridge Mountains of western North Carolina. Their mission and daily walk is to embrace the diversity of life and inspire people to work for the common good of peace, justice and environmental stewardship.

Four Board members and a “Wise Woman” not currently on the Board traveled together. One traveler came from Chicago, spending the night in Springfield with one of the two travelers from there. The van continued to Southern Illinois to find me in the very rural area of Washington County. I must admit to being amazed at being “found” as GPS drops me off at home in the corner of a nearby county. Then we proceeded to pick up Cathy Kline in Makanda, and journey to Nashville, TN for the evening. As you may imagine, the van was never quiet, or at least not for long. The purpose of the trip was to pursue our own vision quest and to expand the horizons of the UU Women's Connection's future purpose and goals. We shared fun experiences we had enjoyed, but also the not-so-happy ones as well.

We learned to trust in each other to different levels, and to comment as we liked or be silent. Both comments and silence were respected.

In the morning, before departing Nashville, we visited the Parthenon, which houses an enormous statue of Athena. Nashville is also known as the Athens of the South, so this is very fitting. In 1895, Tennessee searched for a way to commemorate its 100-year anniversary, and decided on a centennial exposition to be staged in its capitol of Nashville, and then building an exact replica of the Parthenon of ancient Greece and thus the Parthenon, being the pinnacle of the Grand Exposition, was the first building erected. We all enjoyed the history and the beauty of the building, and one traveler got to cross off the visit from her “bucket list” of things she wanted to do.

Arriving at our destination, we enjoyed a hearty meal and shared some unique experiences. The crickets were all singing in cadence, the wind picked up quite a bit, and acorns were falling quite steadily from the oaks which were all around us and over our cabins. Once becoming accustomed to the different rhythms, they put us to sleep. We continued to BE, without much of an agenda, letting go of things, listening deeply to others. One night, we enjoyed one of the clearest views of the Milky Way I had ever seen. Another day, I looked downward and watched a hawk soaring on

the air currents. On the questionnaire, one place asked if we felt we would be returning to “The Mountain” to deepen our experience gained there. I answered NO because “The Mountain” had done

its job, and the rest was up to me to perpetuate it.
– Deb Czarnopys-White

CONSIDER JOINING THE CARING & SHARING TEAM

The CUF Caring & Sharing Team provides acts of kindness for Fellowship members who may need temporary assistance while going through a difficult time physically or emotionally, such as those recently home from the hospital, recovering from an accident, or dealing with a profound loss. The team has many members willing to help out when and where they can. We provide concrete services, such as meals, running errands to the pharmacy or grocery store, transportation to doctor’s appointments, watering yards, cutting grass, walking dogs, sending cards, contacting someone by phone, helping to pack up for a sudden move, visiting in the hospital - whatever small helpful service that is identified by the member or member family in need. Because the team has many members, we can take turns, and participating members are asked to help out only when they can – it is always OK to say “can’t help right now”. Current “official” team members, who deserve many thankful kudos, include Al Babbitt, Bill Sasso, Carla Feldhamer, Cheryl Schmit, Darby Ortolano, Dawn Taylor, Samir Aouadi, Helen Nall, Frank Nall, Janet Harris, Jerry Molumby, Jess Jobe, Joan Juul, JoAnn Nelson, Jodi Ruffner, Karen Gallego, Karen Puharich, Karen Swenson, Kathy O’Laughlin, Kim Asner-Self, Laura Herzog, Laurie McGregor, Lilli Brown, Lois Hayward, Matt Sronkoski, Natalie Trimble, Russ Trimble, Roberta Blankenship, Thelma Herschbach, Joyce Webb, Ellie Fisher, Jan Eisenhard, Donna Mann, Rose Tunks Moroz. I know many others of you have helped fellow members when needed, but a call goes out to persons on the Caring & Sharing Team whenever the need arises for several helpers to step forward to fill a specific member’s temporary needs. If you would like to be part of this service team, or ever find yourself in need of our services, please contact coordinator Cheryl Robinson at cherrob1@msn.com or 364-6499. A sign-up sheet for other members wishing to be part of the Caring & Sharing Team will soon be placed on the table in the Commons closest to the kitchen. The more members the team includes, the better we can all serve our fellow members, in a one-on-one connection of kindness and generous support.

NEW HUMANIST FORUM

New Humanist Forum meets this month on September 17, at noon in the High School R.E. Classroom. The program will be "Practical Cognitive Neuroscience: Buddhist Practices of Mind Science". This program is an introduction to some basic principles of cognitive neuroscience aka mindfulness, and dharma, which can be loosely defined as the universal law of nature. Bob Camp will facilitate this program. Gillian Harrison will share her personal journey in becoming a practicing Zen Buddhist. Discovering and using the law is a Buddhist neural-cognitive way of changing mind patterns to become aware or enlightened. These Buddhist practices can gradually re-wire your brain for living a wiser, happier, and loving life. How we focus our attention, direct the flow of energy and information through our neural circuits, can change the brain's activity and structure. Buddhist neuroscience has been scientifically shown to have beneficial effects in reshaping our inner world. By "harnessing the riderless horse", aka. mind, we can build circuits of kindness and peaceful well being one person at a time, starting with ourselves. Discussion and Q&A will follow this presentation. If there is sufficient interest in more programs of Buddhist Brain neuroscience or other traditions of neuroscience, future programs with mind exercises might be worthwhile. Bob Camp, the presenter of Buddha's Brain will provide a bibliography of relevant books and internet sites that could be used for future independent study. If possible, please bring a snack to share with the group. Please help our group succeed with your own, or shared presentation of a program. If you would like more information, please contact JoAnn Nelson joannnelson1928@gmail.com or talk to Bob Camp.

Building Your Own Theology (BYOT)

facilitated by Bill Sasso: Fall, 2010 Session

Curriculum: Building Your Own Theology (BYOT) is a Unitarian Universalist religious education curriculum developed by the Rev. Richard Gilbert. The Rev. Charlie Kast has adapted this into a shorter version. We will follow that shorter version, focusing on five major questions: Who am I? How do I know? Who or what is in charge? What is my purpose in life? and What does my death mean? These five big questions form the framework of the course; at each meeting, we will deal with one of these questions. Each week, there will be some assigned preparation work, and at our meeting we will share our answers (or progress toward answers) to one of these questions. The responses that each participant develops will become a personal statement of beliefs.

Comments by Fellowship Members Who Have Taken BYOT

"BYOT brought me new and lasting relationships with several other CUF members. For the first time in a religious setting, I didn't feel compelled to be secretive about my doubts -- and about my right to doubt. I began to see myself as a searcher rather than a renegade, and took my first step toward tolerance for the faith of my childhood."

'For me, the BYOT course is what being a Unitarian is all about. I could retake the course each year and would most likely get something different out of it as my beliefs and views change with time and experience. I know that I am on a lifelong journey full of unanswered questions and this course allows me to explore these questions in a safe and unthreatening environment.'

"I used BYOT to explore questions that I have wanted to give time and thought to. What I did not anticipate was how close I became to the other participants and how enriched I felt learning things about each of them that we just don't discuss at coffee time."

"This class brought my spiritual journey into focus and helped me understand more clearly my own thoughts and feelings."

"Being a lifelong seeker, a work in progress, on the path to redemption, or however I describe myself at the moment, I found a wonderful place of discovery, support and personal truth in a family called BYOT. For me, it was like taking a drink from a cool mountain spring on a warm day."

Ground rules: Regular attendance is necessary because it is important for us to coalesce as a group. We will close the group after the first meeting (i.e., no new members). The BYOT process relies heavily on sharing and group process, but no one is pressured to share beyond his or her readiness to do so. The group will be limited to no more than ten participants. Please note that, in order to create a truly mutually supportive atmosphere, we must refrain from disputing any other participant's beliefs. It is certainly going to happen that we differ with others, but we must agree to respect and never criticize another's beliefs. Similarly, participants are expected to honor the confidential nature of the group discussions.

Schedule: Building Your Own Theology (Fall, 2010) will meet from 7:30 to 9:00 pm on six Tuesday evenings: November 2nd, 9th, 16th, 30th, and December 7th and 14th. **We will not meet** on the Tuesday before Thanksgiving (November 23rd).

Contact Bill Sasso (529-2439 or bsasso@juno.com) for more information, and/or to register for the program. The registration deadline is 5 pm, Thursday, October 28th.

GREEN SANTUARY KICKS UP COLLECTION OF COMPACT FLUORESCENT LIGHT (CFL) BULBS!

Calling all donators of CFLs! We are continuing to collect CFLs for distribution to the local community. Along with the distribution, we would like to provide educational programs to area groups. So, we're asking you to consider:

- Donating a bulb or bulbs
- Recommending places to receive these bulbs
- Providing or co-providing public informational programs about the benefits of using them
- If your schedules are too busy to present programs, consider the first two options above. This "secret" should be getting out.

Contact Debbie or Bob at bdcw@frontiernet.net or 787-2929 with your ideas, and we'll be looking for that overflowing donation box under the table by the kitchen!

FELLOWSHIP CLEAN UP DAY

We need YOUR help for the CUF Fall Clean-up! Please mark your calendars for Saturday, Oct 2, from 7:00 a.m. – noon. Come for an hour, or stay all morning, but please come if you possibly can!

TEN THINGS You (probably) Don't know about me – Roberta Blankenship:

1. I was born in a converted school house at the home of my great grandparents in Spillertown, IL (suburb of Marion) in 1938.
2. I have a picture of my mother costumed for the Williamson County Centennial in 1939. The hat and fancy clothes she was wearing, I think came from my great grandmother's attic. Is this where I get my love for "dressing up"?
3. Daddy was a coal miner and truck driver. He always had hunting dogs, and we ate wild game. Fried rabbit is good, but forget eating squirrels.
4. When I was in the first grade, my family (aunts, uncle and cousins) lived in apartments in the Williamson County Fairground. Having the whole fairground as our playground, my cousins and I were free roaming urchins.
5. My mother died when I was nine, my dad's family then took over. Grandma, three aunts, and my uncle and his wife helped Dad to raise us three kids, my brother, sister and I.
6. After high school, there was no college for me. I immediately worked as a soda jerk at the Cline-Vick Drug store. The drug store manager paid for the entire soda counter crew to see Elvis at Kiel Auditorium in St. Louis. This was my first trip to St. Louis in all of my seventeen years.
7. My working career after the drug store included, office clerk at W.T. Grant in Marion (8 years) and Diagraph Industries in the Cost Accounting Department for 22 years. I did go to night school at John A. Logan to further my accounting knowledge and became Cost Accounting Supervisor at Diagraph.
8. When I married Charlie 34 years ago our family then included his two sons and my two daughters. We are blessed with great children, grand children and two great grandsons.
9. Hobbies in the past have included: oil painting, traveling, writing, entertaining, the theater, and reading. Reading is about all I can manage now. Charlie and I both have some health issues at this stage in our lives.

10. When I first came to the Fellowship in 1993 and heard the speakers talk about “Why they Became Unitarians”, I told myself “I’ve found my people”.

SOME SPECIAL ANNOUNCEMENTS:

Special Presentation: “Native American Rock Art and Spirituality” by Mark Wagner, Researcher, SIUC Center for Archeological Investigations, at the Fellowship on Tuesday evening, 10/19/2010 at 7:30 pm. Illinois contains numerous Native American rock art sites consisting of painted and engraved images located in rock shelters, caves, and on bedrock outcrops. Many of these images were created as part of prehistoric religious ceremonies and, as such, can provide information regarding past Native American spiritual practices and beliefs. These sites are still spiritually alive, however, to present-day Native Americans who continue to regard them as spiritually powerful places that link them to their ancestors in the past. This talk presents an overview of several rock art sites in southern Illinois and discusses the types of images contained at these sites and the reasons behind their creation.

Want to "master" the CUF sound system? Bill Sasso will share his arcane knowledge of our sound system at 9 a.m. on Saturday, October 9th. We'd like to have a number of people familiar with the system, to assist should there be any difficulty on a Sunday morning or at any other Fellowship Hall program. Contact Bill (529-2439 or bsasso@juno.com) for more info!

The next Ralph Anderson Interfaith Dialogue will be on “Church & State In America: The Bald Knob Cross and the Ground Zero Mosque”. The event will be held on Monday, October 4 – 7:30 PM, at the Carbondale Civic Center. The main presentation will be by Dr. Lennie Gross, SIU School of Law. Responders will be the Rev. Tim Woodward and Imam Abdul Haqq. The event is sponsored by the Carbondale Interfaith Council, and everyone is welcome. For more information contact Ken Starbuck – cubratts@verizon.net (942-3986).

Creating Peace! In case you would like to read the 2010 UUA General Assembly's "Creating Peace" Statement of Conscience in its entirety, you can pick up a hardcopy in the sermon racks, or you can see it at <http://www.uua.org/socialjustice/socialjustice/statements/13394.shtml> on the UUA website.

CUF REGULAR PROGRAMS & MEETINGS

WOMEN'S GATHERING The October Women's Gathering meets on Wed., October 20, at 7:00 p.m. at CUF. Contact Cathy Kline at klinejc@earthlink.net for more information.

SISTERHOOD OF STITCHERS *This group meets weekly on Wednesdays at 11:00 a.m., in the Commons area.* All are welcome, from persons learning knitting or stitching crafts to those well practiced and knowledgeable. Come to work on your projects, learn from others, share your ideas, and enjoy the camaraderie! For more info, contact Pam Jacobini at PJacobini@siumed.edu or Gloria Smiley at smileyspins@yahoo.com.

CUF DRUMMING GROUP *This group meets on the third Saturday of each month at 2:30 p.m. in the Commons.* **Meets this month on October 16.** For more information, contact Debbie Czarnopys-White at bdcw@frontiernet.net, or call 787-2929.

MINDFULNESS MEDITATION *This group meets every Saturday in the Fellowship Commons from 1:00 to 2:30 p.m.* If there are other activities scheduled in the Commons, we meet in the RE area. For more information, contact Joy Price at 457-2405 or joyfully2356@yahoo.com.

BUDDHISM STUDY & PRACTICE GROUP *This group meets on the first and third Sundays in the Fellowship Commons at 7:30 PM.* **Meets this month on October 3 and October 17.** Meditation, chanting, study, and discussion in a free flowing format. Everyone welcome. For more info, visit www.shawnee-dharma.org or contact Judy Carter at 529-3110.

DREAMWORKS *This group meets the first Sunday of each month in 06 (RE wing) at 12:00.*

Meets this month on October 3. Using Jeremy Taylor's technique, we share and discuss our dreams in a respectful, safe, and comfortable environment. For more information, contact Nillofur at cadfael07@yahoo.com or Janet at jea49@Care2.com.

PSI SYMPOSIUM *This group meets the second Sunday of the Month in Room 06 at Noon.* **Meets next on on October 10.** We start at noon with light refreshments. Please bring a dish to share. For more info, contact Mary Campbell at 521-0851 or mspurple1999@yahoo.com.

ROUNDTABLE READERS *This group meets on the fourth Sunday of the month after the Sunday Service at Noon.* **Meets this month on October 24.** The book selection is *The Bookseller of Kabul*, by Asne Seierstad. The Norwegian journalist went undercover in a burqa, living for 3 months with Kabul bookseller Sultan Khan and his family in the spring of 2002. She has written one of the best books of reportage of Afghan life after the fall of the Taliban. All are welcome! Please address questions or book suggestions to Janet Levie at jmlevie@frontier.com.

SCIENCE IN SOCIETY *This group meets some Fridays of the Month in the Fellowship Commons at 5:00 PM.* Contact Gina Paul at 351-1064 or rpaul@siumed.edu if you have questions.

VIDEO CIRCLE *This group meets on the third Friday of each month in the Fellowship Commons at 7:15 PM.* **Meets next on October 15.** Movie selection to be announced. Free popcorn! Contact person is Amy Weber at amyweber1@msn.com.

UNITARIAN FOLK ORCHESTRA *practices at 10:00 a.m. Saturdays, at the Fellowship.* For info contact Bill Sasso at bsasso@juno.com.

CUF LINKS HARD COPIES are available at the Fellowship on the [visitor table](#).

Deadline for November CUF Links: Wednesday, October 27.

Carbondale Unitarian Fellowship,
105 N. Parrish Lane, Carbondale, IL 62901

618-529-2439 www.cuuf.net, carbandleuu@verizon.net
The Rev. William Sasso, Minister

*"Very little is needed to make a happy life:
It is all within yourself, in your way of thinking."
- Marcus Aurelius*